

# PRIVATE GP

PRIVATE GENERAL PRACTICE SERVICES

## **Functional Medicine Consent Document (Biological Systems Medicine)**

1. We would like you to be aware that Biological Systems Medicine is mostly outwith the NHS and the NICE guidelines. Therefore, whilst it is biochemically and nutritionally sound, it is not always easily accepted in the NHS setting.
2. By signing this agreement, we are asking you to accept that you will be working on a personal medical basis with your Practitioner in Biological Systems Medicine. Medical assessment will involve an integrative approach, with evidence which is based on a combination of different types of scientific data including: biochemical, individual and population outcome data, double-blind randomised controlled trials and others. Some of the newer work, especially with complex medicine, is based on outcome evidence. Other recommendations are based on clinical experience.
3. By signing this agreement, you will also be confirming your acceptance that decisions concerning your personalised health management, will be bespoke, carefully prescribed and that you will be supported, especially with chronic illness, with regular follow-up, depending upon your personal requirements and clinical situation. Also that you are happy for us to consider your health as an individual, and where appropriate, especially with chronic illness, we will try to get to the root of your problems with targeted testing and treatment.
4. Communication between health professionals. This matter is dealt with in our data protection policy. Due to the complexity of chronic illness, where appropriate, we will make referrals to other consultants in medicine or other practitioners. We do however retain no liability for services provided by other practitioners, external to our practice, in circumstances where we have made the original referral. Where you instruct us, we will send a report to; or communicate with other health professionals relating to your care, this is especially important with chronic illness. In doing so, we need you also to accept that due to the specialist nature of the training in biological systems medicine, other members of the NHS or private multidisciplinary team, may have less understanding of biological systems medicine and the approaches that are taken. This is because they may not be trained in this area. It is important that we work together to manage this interface which can sometimes prove challenging. Please remember however that you yourself remain under control of the management of your own health and that we will help you to manage the interface.

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5. Patients are reminded that due to differences of opinion with interpretations of medical evidence, accompanied by unique biological imprints for each individual, responses to treatment of any nature, can be varied. Our experts will work with you to find the roots of healing that are most appropriate for you and to which you respond.
6. Treatment recommendations will include a combination of medications, herbs and supplements. We require your written consent before we proceed with these recommendation.

Your signature below will confirm your acceptance of the above information.

Name.....

Date.....

Signature .....