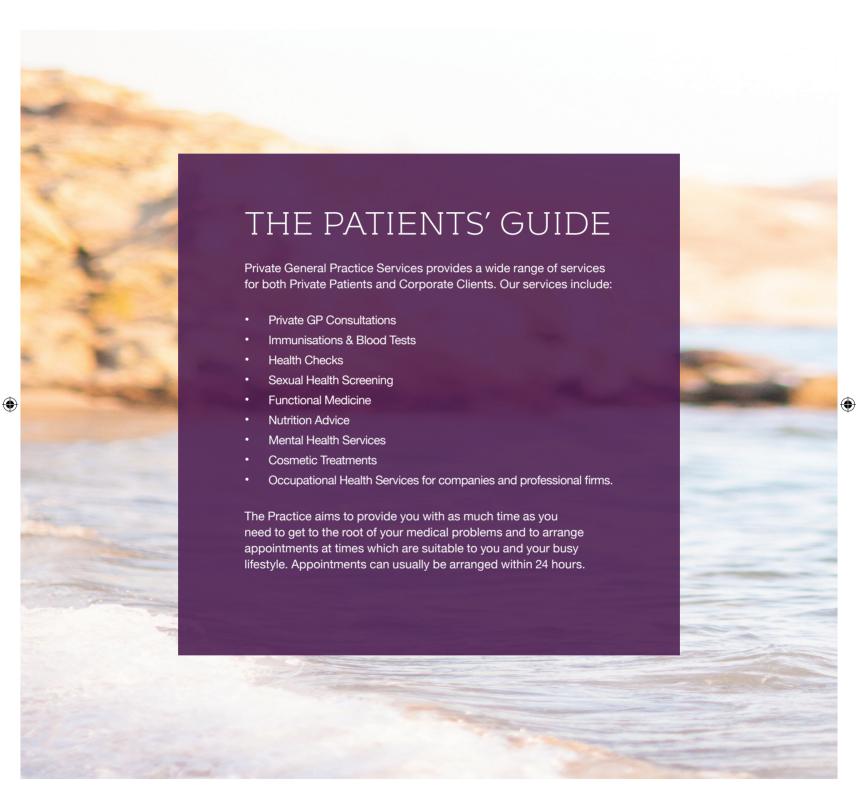
PRIVATEGP.COM











CONTENTS 16 6 Integrated Health Consultations 18 8 Health Checks **Cosmetic Treatments** Mental Health & 20 13 Nutrition & Diet Wellbeing Immunisations & 22 14 Occupational Health **Blood Tests**



PRIVATE GP SERVICES AVAILABLE:

- 24hr Blood Pressure Measurement
- Acupuncture
- · ADHD Assessment for children
- Adult Immunisations
- Allergy Testing
- · Asbestos Medicals
- · Autism Assessment
- Bio Identical HRT
- Blood Tests
- Breathing Tests (Spirometry)
- · Cervical Smears and Contraception
- · Chemical Skin Peels
- Children's Immunisations (e.g. single vaccines for Measles, Meningitis 'B' and Rubella, Rotavirus, etc)
- · Child Development Assessments
- Cognitive Behavioural Therapy ('CBT')
- Consultant Consultations & Referrals
- · Cosmetic Treatments
- Counselling
- CT Scans
- Depression and Anxiety Consultations
- Dermal Fillers
- · Dietary Advice and Weight Reduction
- Driving/HGV Medicals
- · Ear Syringing
- ECGs
- · ECG Mini-Clinic (remote monitoring facility)
- Emergency Medication and Defibrillator on site
- Family Support Services
- Flu Immunisations
- Food Allergy Testing
- Functional Medicine
- · General Family Medicine
- · General Medical Consultations
- Health Checks 'Bespoke' to fit the Individual
- Heart Risk Assessment
- HIV Testing
- HGV and Taxi Driver Medicals
- Holistic Massage & Aromatherapy
- HPV Immunisations

- HSE accredited Medicals e.g. Asbestos, Lead
- Hypnotherapy
- Insurance and Pre-employment Medicals
- Joint Injections
- Laser Treatments for Acne, Hair Removal, Thread Veins, Photorejuvenation
- Lead Medicals
- · Massage Sports or Therapeutic Massage
- · Medications not generally available on the NHS)
- Men & Women Medicine including Heart Risk Assessments
- Mental Health Assessment
- Medications
- Memory Clinic
- MRI Scan Referrals
- Micronutrient Blood Analyses
- · Neurodevelopment testing
- Nutrition Assessment and Advice
- Overseas/Offshore/UKOA medicals
- Paediatrics
- Physiotherapy
- · Prescriptions (including Lifestyle Medications and
- Pregnancy & Conception Advice
- · Preventative Medicine
- Private GP Consultations
- Psychological Assessment
- Psychotherapy
- Referral to Consultants (Local, Regional or National)
- · Referrals for CT Scans, MRI Scans, Ultrasound
- Reflexology
- · Sexual Health Advice
- · Sickness Absence Medicals
- · Stress Management, Life/Career Planning,
- Stopping Smoking
- Thread Vein Removal
- Travel Immunisations
- · Ultrasound Scan Referrals
- · Vitamin & Mineral Deficiency tests
- · Women's Medicine
- X-Ray Referrals

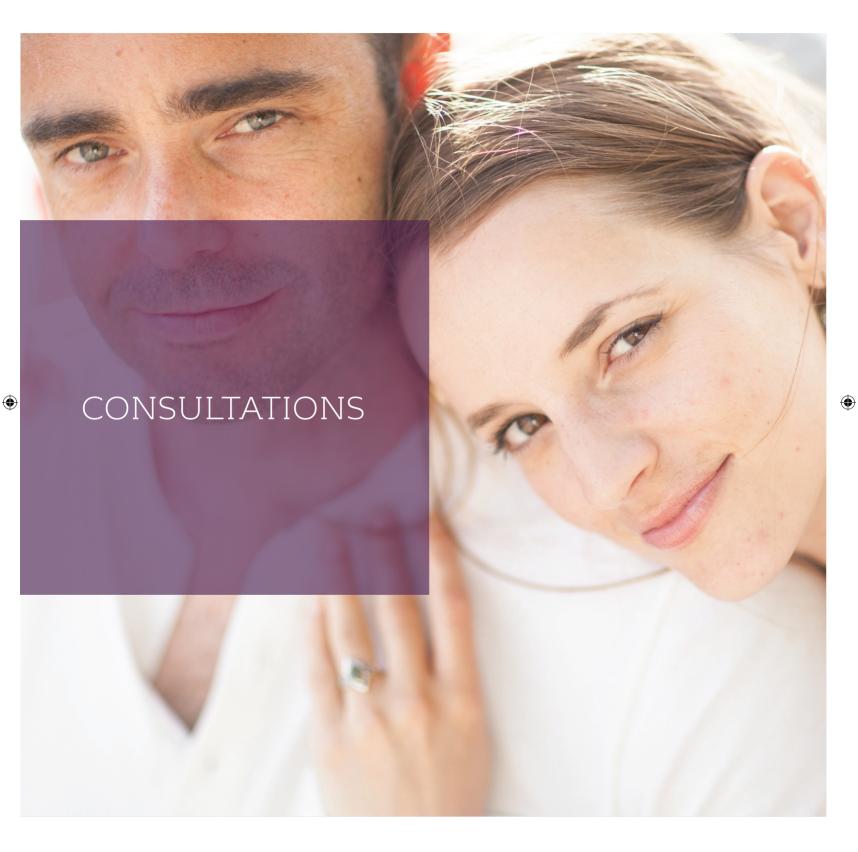
If the service you require is not listed please ask one of our customer service advisers.







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Consultations

Consultations can be booked with one of our Private GP's, Nurses, Therapists, Nutritionists, Psychologists or Consultants so that you can discuss any of your medical worries, either for yourself, your family or your work colleagues. Whatever your medical concern we aim to help you find the best available treatment that suits you and your body.

We aim to provide an integrated health service using the very best in traditional medicine coupled with integrated treatments and the latest tests to help you understand your body and what might help you to live a long, healthy, happy and fulfilling life.

We are able to take as much time with you as you need to get to the root of the problem and seek to find solutions which are right for you, your family or your business.

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Private GP Consultations

Private GP Consultations and Private Doctor Consultations may be booked for 15mins, 30mins, 45mins or 1 hr appointments. Appointments are usually available within 48hrs. Telephone Consultations are also available.

Fees are as per the 'Fees' section of our website. Blood tests, urine tests and any other tests or services are charged in addition to the Doctor consultation fee. All private patients are required to pay fees in cash or by credit card prior to leaving the surgery. Companies may pay on submission of our invoice subject to prior agreement.

Consultations are available for any of the services listed under 'Our Services' section of our website but may include general, specific or chronic health problems, health checks, occupational health services, cosmetic treatments, nutritional advice and testing, as well as mental health & wellbeing.

Referrals

We work with a number of consultants, therapists and nutritionists, both in house and externally. Referrals can also be made to other consultants locally, in London, or elsewhere, as appropriate. Our aim is always to refer you to a Consultant, Therapist or clinical dietician with a reputation for providing the very best in patient care.

Nurse Consultations

Nurse Consultations may be booked for 15mins, 30mins, 45mins or 1 hr appointments, although the majority of appointments are for 15mins or 30mins.

Our Practice Nurses carry out a range of services including:

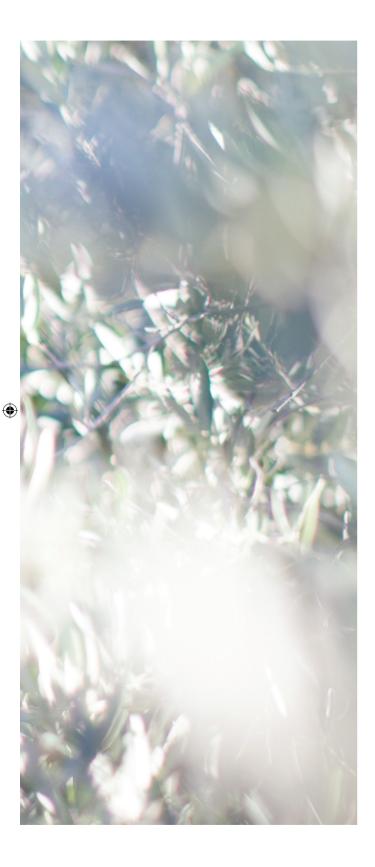
- Adult Immunisations
- Blood tests, Urine tests, Height, Weight, BMI, Spirometry, Audiometry, ECG's
- · Children's Immunisations
- Cosmetic Treatments
- Executive Health Checks
- Nurse Consultations
- Occupational Health Checks & Tests
- Sexual Health Checks
- Travel Vaccinations

"All you can change is yourself, but sometimes that changes everything!"









Privategp.com Ltd provides health checks/health screening for private individuals and for companies wishing to provide employee health checks or executive health checks for their staff and/or senior managers.

The aim of each health assessment is four-fold: Guideline Durations of Health Checks:

- To diagnose disease early (if it exists)
- To answer any worries or concerns that you may have
- To help increase your awareness concerning the early symptoms and signs of illness
- To advise you about a healthy philosophy of living both physically and emotionally.

What is included within your Health Check?

Our health checks are very comprehensive and cover numerous aspects of physical wellbeing. The areas included within each type of health check are shown on the charts.

We are flexible and can add extra tests as required (additional cost to be advised)

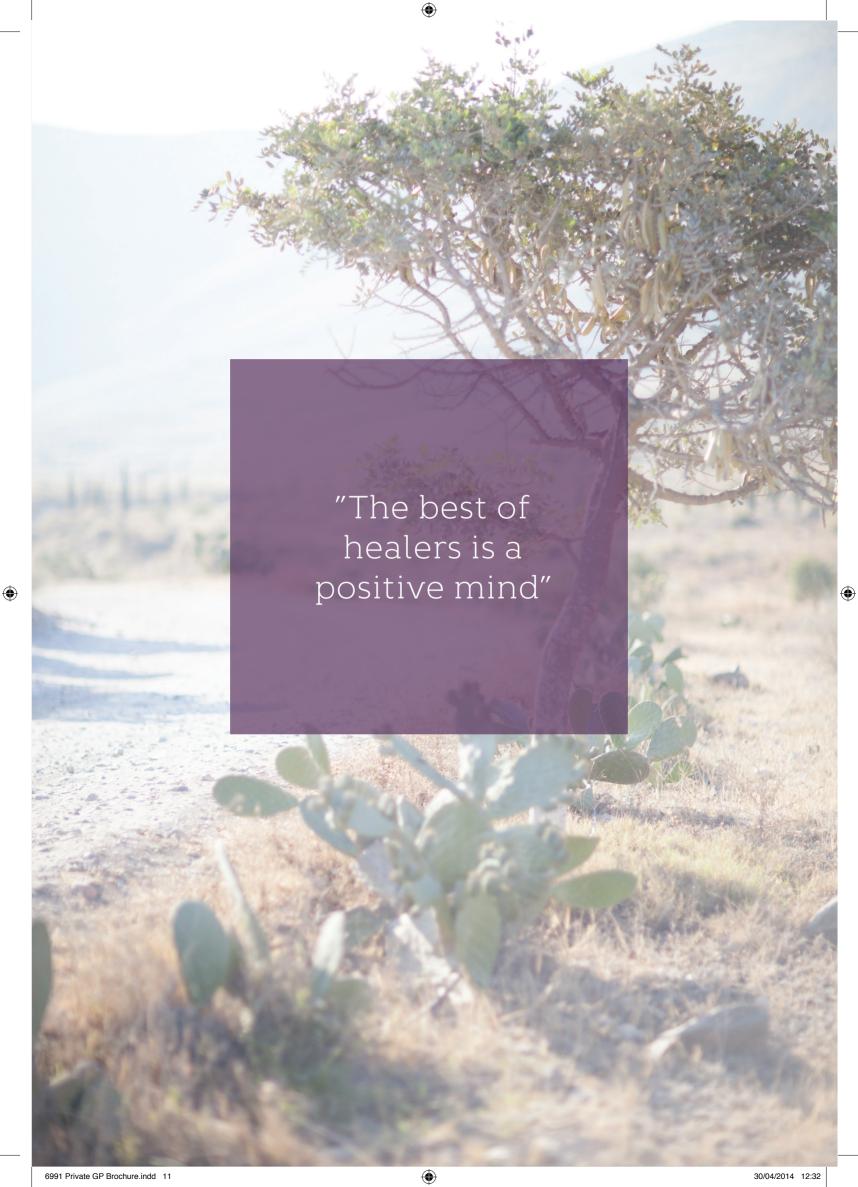
Standard Nurse Led Male Health Check	45 minutes
Standard Nurse Led Female Health Check	45 minutes
Premier Nurse Led Male Health Check	45 minutes
Premier Nurse Led Female Health Check	45 minutes
Male Under 45 Executive Health Check	60 minutes
Female Under 45 Executive Health Check	60 minutes
Male Over 45 Executive Health Checks	75 minutes
Female Over 45 Executive Health Check	75 minutes
Well Woman Examination	30 minutes

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	Standard Nurse Led Male Health Check	Standard Nurse Led Female Health Check	Premier Nurse Led Male Health Check	Premier Nurse Led Female Health Check	Male Under 45 Executive Health Check	Female Under 45 Executive Health Check	Male Over 45 Executive Health Check	Female Over 45 Executive Health Check	Well Woman Check
Doctor Consultation					V	~	V	~	V
Nurse Consultation	V	V	V	~	V	~	V	V	V
Personal Medical Report	V	V	V	V	V	~	V	V	V
Medical History	V	V	V	~	V	~	V	V	V
Lifestyle Assessment	V	V	V	V	V	~	~	V	V
Stress Analysis	V	V	V	~	V	~	~	V	V
Height/Weight Analysis	V	V	V	~	V	~	V	V	V
Blood Pressure	V	V	V	~	V	~	~	V	V
Urine Analysis	V	V	V	~	V	~	~	V	V
Full Blood Analysis	•	•	V	V	V	V	~	V	V
Cholesterol & Glucose Test	V	V							
Doctor Examination					V	~	~	V	
Testicular Awareness	V		V		V		V		
Breast Awareness		V		~		~		V	V
Breast Examination						~		V	V
Health Promotion Literature	V	V	V	~	V	~	V	V	V
Rubella Screen		•		~		~		V	•
Immunisation History									
Spirometry	•	•	•	•	V	~	V	V	
Resting ECG	•	•	•	•	•	•	V	V	•
Cardiovascular Risk Ass							V	V	
Bowel Cancer Test					•	•	V	V	
Prostate Cancer Test					•		V		
Cervical Smear/ Pelvic Exam.		•		•		•		V	V
Ovarian Cancer Test		•		•		•		•	•
Thyroid Function Test	•	•	•	•	•	•	•	•	•
HIV Screen	•	•	•	•	•	•	•	•	•
Chlamydia Screen	•	•	•	•	•	•	•	•	•
HPV Screen	•	•	•	•	•	•	•	•	•
Extra Blood Tests	•	•	•	•	•	•	•	•	•
Urethral Swab	•		•		•		•		
24Hour Bp Analysis	•	•	•	•	•	•	•	•	•
X-Ray/ Ultrasound/ Imaging	•	•	•	•	•	•	•	•	•
Mammography		•		•		•		•	•
HVS		•		•		•		•	•
HPV Vaccine	•	•	•	•	•	•	•	•	•
Nutritional Blood Test	•	•	•	•	•	•	•	•	•
Private GP Services					•	•	•	•	•
Prescriptions					•	•	•	•	

KEY: ✓ INCLUDED IN COST • OPTIONAL EXTRA







SEXUAL HEALTH CHECKS & SEXUAL HEALTH SCREENING



Sexual Health screening and Sexual Health tests are available for anyone concerned that they might have caught an infection as a result of sexual intercourse or wish to have a health check before embarking on a new relationship. This includes tests for HIV, Gonorrhoea, Syphilis and Chlamydia as appropriate. Instant HIV tests which give an instant result are also available.

HPV vaccinations are also available to women (and men) who wish to protect themselves from the Human Papillomavirus ('HPV Virus') which is responsible for causing cervical cancer in some women.

Consultations and tests are available with one of our Doctors or Nurses.

Smear tests are also available with one of our Doctors or Nurses.

The range of tests available include:

- Female Sexual Health Screens
- Male Sexual Health Screens
- HPV Vaccinations/Cervical Cancer Vaccinations
- HIV Tests
- Chlamydia Testing
- Gonorrhoea Testing

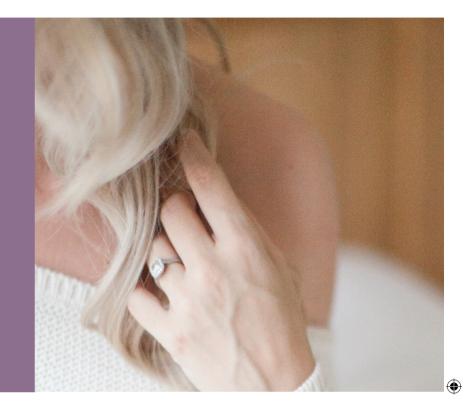
Counselling and **treatments** are also available to assist anyone suffering with **loss of libido**, sexual desire, **hormonal imbalances**, erectile dysfunction and other sexual health issues.

We specialise in Bio-Identical Hormones.

"It was such a huge relief to know that people like yourselves have the skills and caring attitude to help. It will always stay with me"



MENTAL HEALTH & WELLBEING



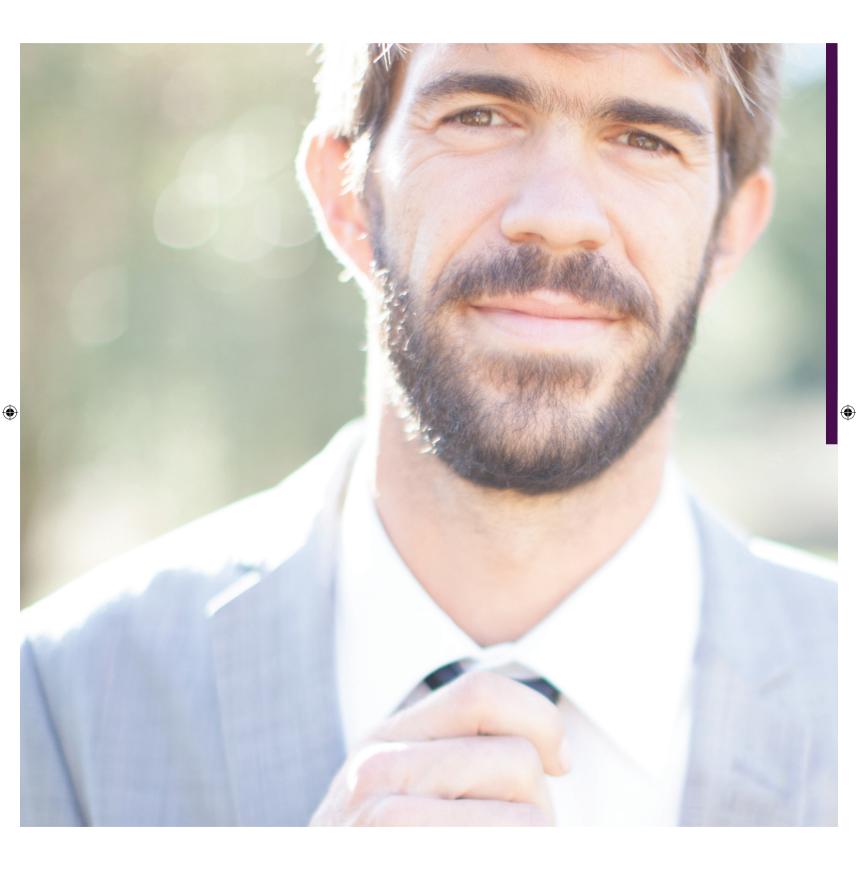
Are you concerned about the mental health and wellbeing of yourself; your family; friends or relatives? We are able to offer the services of a multidisciplinary mental health team who can help with a wide range of mental health problems in both adults and children including:

- Alcohol & Drug Addiction
- Alcoholism
- Anxiety
- Attention Deficit Disorder with Hyperactivity (ADDH)
- Autism & ADHD
- Dementia
- Depression
- Eating Disorders
- Epilepsy
- Neuro-cognitive & Memory Disorders
- Neurodevelopment and learning problems
- Panic Attacks
- Relationship Problems
- Schizophrenia
- Sleep problems
- Stress Related Problems
- Traumatic Brain Injuries

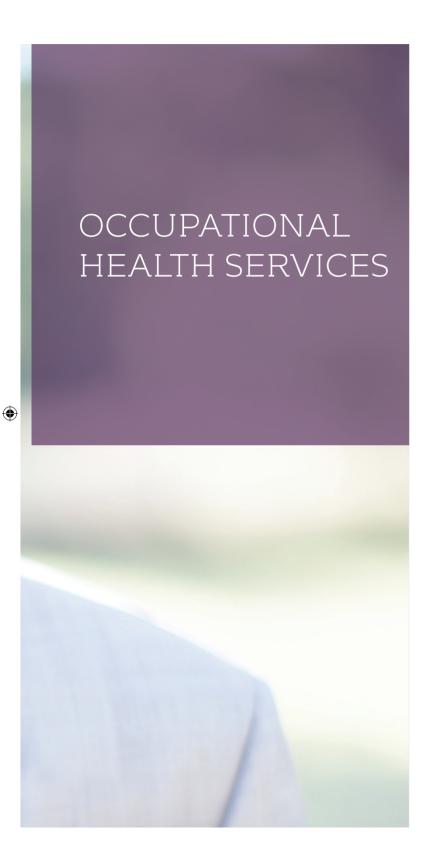
Treatments and Services offered include:

- Behavioural & Relationship Counselling & Therapy for Individuals, Couples & Families
- Cognitive Behavioural therapy for Anxiety;
 Depression; Phobias; Self-esteem; Weight Loss etc
- Functional Medicine
- Hormonal Treatments
- Hypnotherapy
- Life Coaching
- Medico-Legal Assessments
- Mineral & Vitamin deficiency
- Neuro-linguistic Programming
- Neuropsychological Assessments
- Nutrition Advice
- Prescriptions
- Private Hospital Referrals
- Psychiatric Assessments
- Psychological Assessments
- Stress Management for Individuals, Groups & Organisations









We provide a wide range of Occupational Health Services to companies, professional firms and other organisations. **both on and off site**.

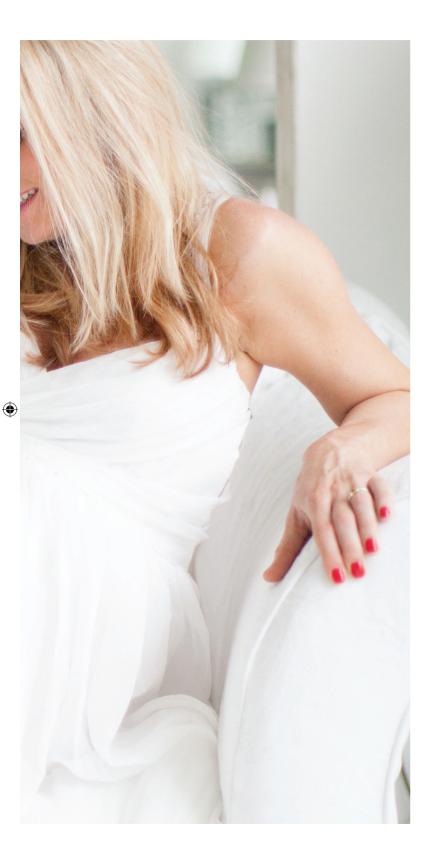
Occupational Health Services include:

- Asbestos Medicals
- Audiometry
- Bespoke Employee Medical Questionnaires
- Breathing Tests (Spirometry)
- Drug & Alcohol Testing
- Employee Health Checks (Doctor or Nurse Led)
- Employees to enable a gradual but positive return to work.
- Executive Health Checks (Doctor or Nurse Led)
- Flu Immunisations
- Health & Safety Advice
- Health Promotion: Design & delivery i.e. stress, RSI
- HGV & Fork Lift Truck Driver Medicals
- HSE medicals e.g. lead, asbestos
- Insurance Medicals
- Management Policy Development: assisting Managers to help provide health and wellbeing within the workforce
- Medical Testing: Urine, Blood, Hearing, Eyes, Lung Function etc.
- Medico-Legal Reports
- Offshore Oil & Gas Medicals
- Overseas Medicals
- Pandemic Flu Anti Viral Treatment & Disaster Recovery Planning
- Pre-employment Medicals
- Pre-employment Questionnaires
- Private GP Consultations
- Referrals as appropriate for MRI, CT or Ultrasound Scans or to Consultants
- Regular Health Checks for day and night workers
- Rehabilitation Programmes: Offering advice to
- Sickness Absence Medicals
- Telephone support for managers, supplying specific medical advice.
- Therapies involving Acupuncture, Hypnotherapy, Reflexology and Therapeutic Massage
- Working at Height Medicals









In recent years, the case for integrating alternative therapies into mainstream medicine has gained momentum with supporters like Privategp.com Ltd firmly backing this development. Our belief is that mainstream medicine can work to advise concerning the strengths and weaknesses of alternative therapies in exactly the same way as it does for orthodox medicine. We do, however, believe that a diagnosis MUST be made before treatments begin and that serious illnesses should be excluded. Otherwise, any treatment might mask an underlying problem which could otherwise go undetected.

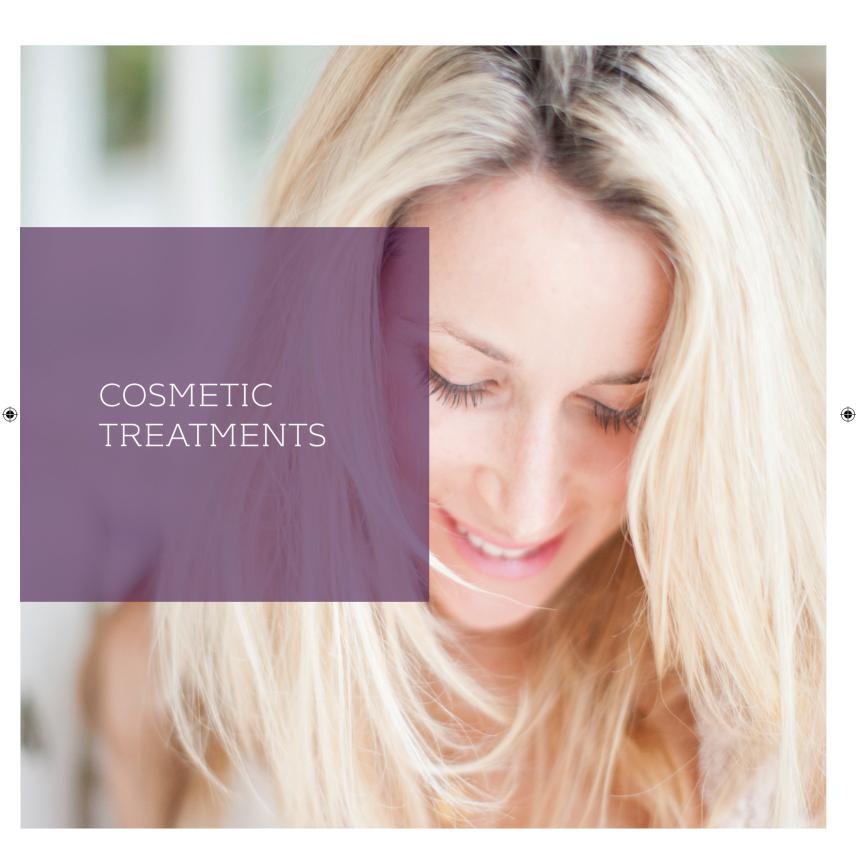
Privategp.com Ltd situated in Stoneygate, is the largest Private GP Practice in Leicestershire. Thanks to its successful application of Integrated Medicine, combining the excellence of traditional evidence based medicine with the creativity of alternative therapy and also occupational medicine, this Practice is leading the way in healthcare.

Whilst much is known about the importance of traditional medicine and the evidence for its continued use, far less is known about alternative (complementary) therapies. Twenty five years ago they were considered unorthodox, but today they are very much more accepted and openly practised. Research shows that 90% of us use them in one form or another, and we know how beneficial they can be for body, mind and spirit when correctly and safely administered by **openminded and trained professionals.**

The Practice is able to offer the following Integrated Therapies/Alternative Treatments:

- Acupuncture
- Cognitive Behavioural Therapy ('CBT')
- Counselling
- Functional Medicine
- Holistic Massage
- Hypnotherapy
- Life Coaching
- Nutrition Advice
- Neuro-Linguistic Programming ('NLP')
- Psychotherapy
- Reflexology







We provide both Doctor and Nurse led Cosmetic Treatments which include Cosmetic Laser Treatments for thread veins, acne, rosacea, sun spots, skin tags, age spots, photo rejuvenation and skin blemishes. We carry out muscle relaxant injections for frown and worry lines and dermal filler injections for lines and wrinkles, lip enhancement and lip sculpting. We also provide chemical peels, and a range of skincare products and mineral make-up. All our treatments are designed to help our clients to 'Look and Feel Great!'

Cosmetic Treatments include:

Laser Treatments for:

- Acne
- Age Spots
- Birth Marks
- Cherry Angiomas (Campbell de Morgan Spots)
- Chest Lines & Wrinkles
- Facial Lines and Wrinkles
- Hair Removal (face, legs, front, back, underarms etc)
- Neck Lines

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- Port Wine Stains
- Rosacea
- Skin Blemishes
- Skin Tags
- Sun Spots

Dermal Fillers for:

- Facial Lines & Wrinkles
- Facial Contouring
- Lip Lines
- Lip Sculpting

Muscle Relaxant Injections for:

- Frown & Forehead Lines
- Hyperhydrosis (Excessive Sweating)

Glycolic / Chemical Peels for:

- Fine Lines & Wrinkles
- Uneven Skin Pigmentation
- Acne Scarring

Dermatologically tested Skin Products for:

- Acne Healing
- Clinical Resurfacing
- Eye Care
- Lines & Wrinkles
- Revitalising Skincare
- Skin Care
- Sun Protection
- Mineral Make-Up

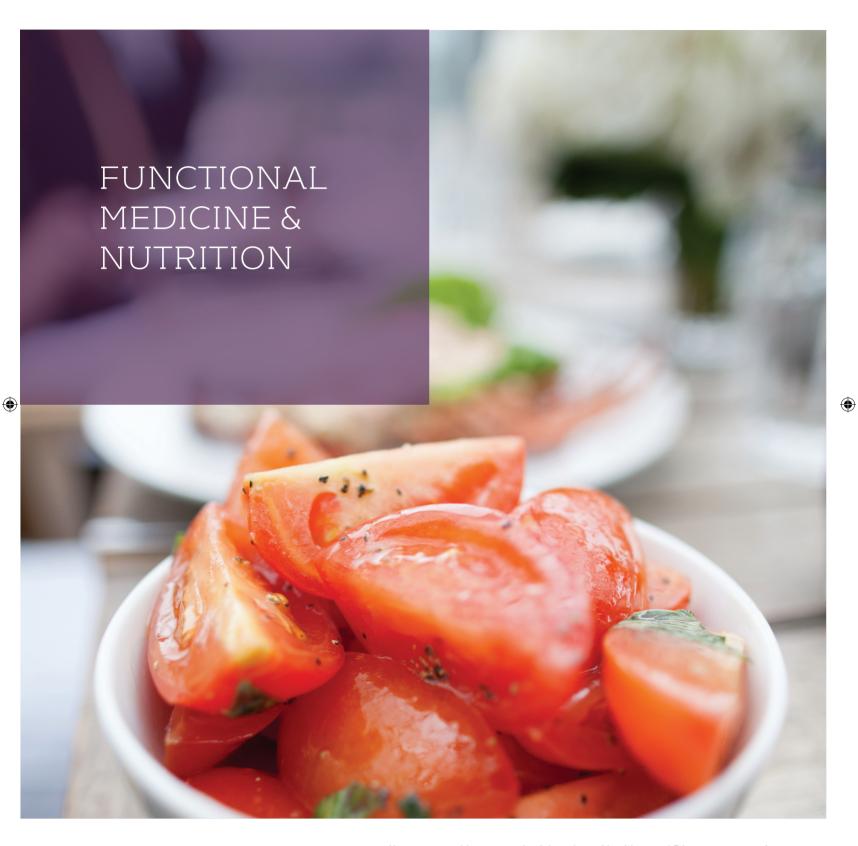
This make-up is formulated with natural minerals suitable for all skin types and ideal for post-laser or chemical peels.

Also:

- Psychiatric & Psychological Assessments
- Prescriptions
- Private Hospital Referrals

"Medical led aesthetic support for all the right reasons."





If you are seeking general advice about Nutrition and Diet you may prefer to have an initial consultation with our Consultant Nutritionist.



Functional Medicine

Functional Medicine is the medicine of the future! It involves a full understanding of the biochemistry of the body and allows us to understand your body's chemistry. It can be used in conjunction with traditional medicine to diagnose and treat a wide variety of symptoms and illnesses.

Nutrition and Diet

Good nutrition and diet are also vital in the fight to help keep our bodies fit and healthy. We are what we eat, so knowing what to eat and what not to eat are essential to a healthy lifestyle. Many of us however lack a healthy diet, are deficient in vitamins and minerals, and have allergies which we may know nothing about!

Functional Medicine tests can be used to test for:

- Amino Acid deficiencies
- Bowel Function
- Food Allergy

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- Full Biochemistry Analysis
- Gene Testing
- Homocysteine Levels (factors affecting your heart & how prone you are to illness)
- Mineral & Micronutrient
 Deficiencies
- Omega & Fish Oil deficiencies
- Vitamin Deficiencies

Tests help us to diagnose the probable **roots of illness;** and decide on the treatments needed to help your body biochemistry heal itself. They are also helpful in

enabling us to devise a **nutritious diet** suitable for your body and to
provide you with vitamin, mineral,
omega and other **supplements**, thus
giving you the best chance of staying
fit and healthy for longer!

We are also able to help you with:

- Diet Sheets
- Healthy Eating Menus
- Mental Health
- Referrals to our Nutritionists

Supplements

We are able to help you identify deficiencies in your diet and provide you with supplements including:

- Amino Acids
- Mineral Supplements
- Omega Supplements
- Vitamin Supplements

which are suitable for you to help your body get back on track.

Diet Sheets

We are able to advise on a very practical level with healthy menus and diets and offer a diet sheet review and advice service by referral from the Practice Doctors.

Referrals

For a more in depth and analytical review of your daily diet we are able to refer you to our Consultant Nutritionist who will analyse the tests undertaken by the Practice and advise you about your diet.

Medical Symptoms

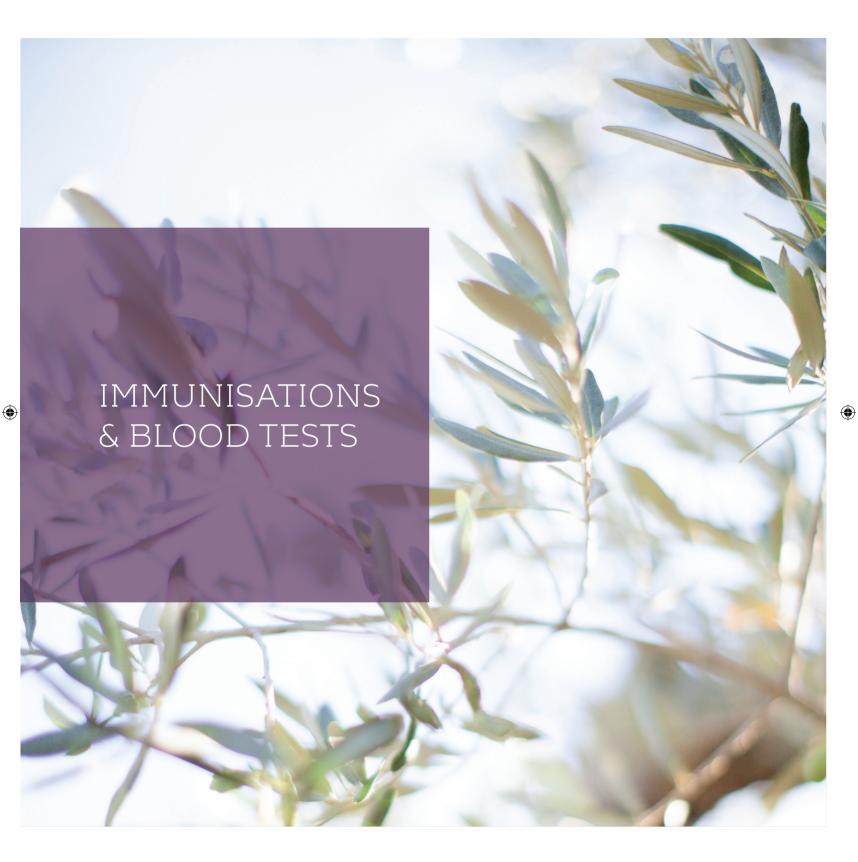
We work with our clients to help them with a wide range of medical symptoms including:

- Anxiety & Depression
- Chronic Fatique Symptoms
- Dermatology
- Endocrinological Problems
- Fertility
- Fussy or Poor Eating
- Gastroenterological Problems
- Lipid Disorders
- Mental Health
- Obesity
- Oncology
- Paediatric Services
- Pregnancy
- Rheumotological Problems
- Sleep Disorders
- Sports Nutrition
- Tiredness

Your Initial Consultation
If you are seeking advice for a
physical or mental complaint
we advise you have an initial
consultation with one of our Doctors
to discuss your medical history, any
potential underlying illnesses as well
your particular nutritional issues.

Our Doctor will undertake whatever tests are appropriate and then refer you to our Consultant Nutritionist, or CBT Therapist for weight management.







Immunisations and Blood Tests

Privategp.com Ltd carries out a wide range of private immunisations, travel vaccinations, children's immunisations, joint injections, immunotherapy treatments, swine flu vaccinations and anti viral treatments for flu, avian flu and swine flu including:

- Anti-Viral Treatment against Pandemic Flu
- Cervical Cancer Screening (smear test) & HPV (vaccination against Cervical Cancer)
- Flu Vaccinations
- Immunisations for Children (e.g. Chicken Pox, Pneumovax, Prevenar etc)
- Immunotherapy Treatment for Hayfever Sufferers
- Single Immunisations for Measles, Mumps and Rubella (alternative to the combined MMR)
- Swine Flu Vaccinations
- Travel Immunisations

All immunisations are performed under very strict guidelines.

Privategp.com Ltd is a UK designated Yellow Fever Immunisation Centre.

An alphabetical list of immunisations, injections, immunotherapy and anti viral treatments available are listed below:

- Chicken Pox
- Depo Vera
- Diphtheria
- Diptheria & Tetanus combined
- Encephalitis Japanese
- Encephalitis (Tick born) course of 2
- Flu (Influenza)
- Hay Fever Immunotherapy Treatment (potential full immunisation)

- Hepatitis A
- Hepatitis B
- HIB Vaccination (Meningitis)
- HBVAX xPRO (Hepatitis B)
- Inactivated Polio
- Infanrix (Diphtheria, Tetanus, & Acellular Pertussis)
- Infanrix x IPV (as above & polio)
- Influenza
- Kenalog Injections
- Malaria Tablets
- Measles
- Meningitis ACWY
- Meningitis B
- Meningitis C
- Menitorix (Hib & Meningitis C)
- Rabies
- Pediacel (Diphtheria, Tetanus, Inactive Polio, Hib)
- Repevax (Diphtheria low dose, Tetanus, Pertussis, Inactive Polio)
- Pandemrix (Swine Flu Vaccination)
- Prevenar (Children's Vaccination against Pneumonia)
- Pneumovax (Vaccination against Pneumonia)
- Revaxis (Diptheria low dose, Tetanus, Inact Polio)
- Rotarix
- Rubella
- Shingles
- Tamiflu (Anti Viral Treatment for Flu, Swine Flu or other Pandemic Flu)
- Tetanus
- Typhim
- Typhoid
- Polio
- Vitamin B12 Injection
- Yellow Fever

If the immunisation, injection or other treatment you are seeking is not listed here please ask us as we are able to supply most requirements.

Blood Tests and Immunity Tests

Privategp.com Ltd provides a wide range of blood tests and immunity tests. Results are usually available within 24 hours, although some tests do take longer.

Blood Tests include:

- Allergy Tests (e.g. IGG Tests, IGE Tests)
- Biochemistry Tests
- Cytology Tests (e.g. Cervical Smears, HPV Tests)
- Endocrinology Tests

 (e.g. Infertility, Melatonin,
 Seratonin, Thyroid

 Reproductive Endocrinology
- Fertility Tests
- General Health Screening Tests (e.g. Glucose, Cholesterol, Sodium, Potassium etc)
- Genetic Tests (e.g. DNA Testing, Prenatal Tests, Hereditary Tests)
- Haematology Tests (e.g. Folate, Haemoglobin, Vitamin B12)
- Immunology Tests (e.g. Coelic Gluten Sensitivity, Influenza, Rheumatology)
- Microbiology Tests (e.g. Blood Cultures, Mycoplasma/ Urea Plasma)
- Nutrition Tests (e.g. Vitamins, Minerals, Omegas, Homocysteine)
- Occupational Health Tests (e.g. Drug and Alcohol Testing)
- STD / Sexual Health Tests (e.g. HIV, Hepatitis B, Chlamydia, Gonnorrhoea etc)
- Tropical Immunology Tests (e.g. Malaria, Yellow Fever Antibody Tests)
- Tumour Marker Tests (e.g. CA 125, Prostate)(e.g. Menstrual Cycle, Infertility, Ageing)
- Virology Tests (e.g. Hepatitis



Terms & Conditions of Services

Working hours are from 8.30am to 5.00pm Monday to Friday. Early morning, evening and weekend consultations are only available by mutual agreement with the Doctor. Appointments or telephone consultations between 7.00pm and 11.00pm or 7.00am and 8.00am are charged at 1.5x the normal rates and between 11pm and 7am and at weekends are charged at 2x the normal rates.

Out of hours

Emergency services are not routinely supplied by Privategp.com Ltd please. In the event of an emergency, under no circumstance should you recessed on the answer phone contact. leave a message on the answer phone contact the emergency services if the practice is closed.

Consultations

Consultations

An initial 30 minute Consultation with the General Practitioner is generally recommended. Specialist Consultations; Therapist; Health Screens; Occupational Medicals; Psychological assessments and all other appointment times vary of which will be advised at time of booking. Patients can request appointments by email (info@privategp.com) or fax (Fax No: 0116 270 1660). Telephone Consultations are also available if appropriate.

Health Screening
The Practice offers Annual Comprehensive Health Screening for both adults and children. The health check includes a comprehensive assessment of the individual's physical and mental health; appropriate investigations and reports.

The Practice offers a full travel consultation prior to Immunisations to ensure that you are totally protected before you travel.

Results of Investigations Most results are received with

Most results are received within 24-48 hours, although some can take up to 2 weeks. The patient will be informed if the result is abnormal. A copy of all test results are mailed to the Patient directly.

Patients on regular medication requiring repeat
Prescription's may telephone, post, fax or email.
Avoid running out of medication before you contact
the Practice.

Amount and Method of Payment of Charges An up-to-date schedule of fees is noted belo

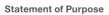
Some of the fees may change annually on 1st January. Please note that some fees can change during the year.

The current fees can be found on our website at www.privategp.com.

Fees for X-rays, MRI, CT, Ultrasound scans and individual blood tests will be provided on reques It is a requirement of the Practice that no test or procedure will be carried out unless the client has been informed of the charges that will be incurred and has given their informed consent.

Payment

Almost all of our patients now pay with credit card Almost all of our patients now pay with credit card details. The total amount owing is payable at the time of the Consultation and before leaving the premises. Companies will be invoiced separately following prior agreement. Payment is expected from companies within two weeks of the date of invoice. See standard form of 'Contract for the Provision of Services'.



1. The Aims & Objectives of the Establishment

To provide an alternative means for the general public to receive medical consultation, examination and diagnosis by a traditionally trained General Medical Practitioner. The service is to be provided in peaceful, practical, professional and comfortable surroundings. It will be fee paying, so that clients will be able to choose the time that they require with the Medical Practitioner. The Practice will combine the very best in general medical orthodox practice with acupuncture, hypnotherapy, nutritional advice, aromatherapy massage, physiotherapy, hypnotherapy, cognitive behavioural therapy and other alternative care

The Practice also provides Occupational Health services both on and off-site to companies. Company care involves health surveillance of employees, helping an early and appropriate return to work for employees who have been off sick, pre-employment health screening, employee and executive health checks, on site drug testing, and other services. The practice also provides cosmetic treatments including laser treatments. dermal fillers and muscle relaxant injections. The Practice runs alongside NHS care and communicates effectively and frequently with the NHS General Practitioners of clients. Clients are instructed not to de-register from their NHS GP's but to use both services as and when required. Out of hours cover is only supplied by PrivateGP. com Ltd to those patients who have registered with the 'Personal Care' package. All other patients are required to retain registration with their NHS GP.

2. The Name and Address of the Registered Provider

The name and address of the Registered Provider is: Dr Julia A Piper of Beech House 3 Knighton Grange Road Stoneygate, Leicester LE2 2LF. There is no additional Registered Manager and therefore the Registered Provider is also the Registered Manager. Dr J A Piper is a member of the Medical Protection Society No. 126083

3. The Relevant Qualifications and Experience of the Registered Provider

Dr Julia Piper is a qualified General Medical Practitioner and has undertaken continuous re-appraisal and revalidation. Her qualifications include: Bachelor of Medical Sciences 978; Bachelor of Medicine and Bachelor of Surgery 1980; Member of the Royal College; General Practitioners; Diploma of Faculty Family Planning and Reproductive Healthcare; The Royal college of Obstetricians and Gynaecologists; Diploma of Occupational Medicine; Certificate of Prescribed/ equivalent experience from the joint committee on Post Graduate Training of Medical Practice; Certificate of Competence in the Medical Acupuncture received from the British Medical Acupuncture Society; Diploma in Acupuncture;

Certificate of Membership, British Association of Cosmetic Doctors. Dr Julia Piper also is an elected member of the Council of Independent Doctors Federation.

Dr Julia Piper is a member of the General Medical Council - GMC No. 2637833.

4. The Relevant Qualifications and Experience of the Staff working within the Establishment, or for the purpose of the Agency.

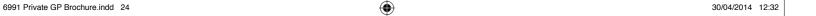
Dr Julia A Piper, is the Principal Primary Care Consultant and her qualifications are listed above. She works fulltime in the Practice: trained in Acupuncture, Hypnotherapy, NLP and Functional Medicine. Dr Piper's GMC No: 2637833. (Please see separate insert in back of Brochure for fees)

5. The Organisational Structure of the Establishment

The Practice is owned by Privategp.com Limited. Dr Julia Piper and is the CEO and Registered Owner of Privategp.com Ltd which trades as Private General Practice Services. The Practice employs the services of other Doctors, Nurses and Clinical staff on a subcontract basis.

Blood tests are referred to laboratories as appropriate with results typically being available







within 24-48 hours. MRI, CT Scans and X-rays are arranged at local private hospitals.

6. The kinds of treatment and any other services that are provided by Privategp.com Ltd

A detailed list of services is shown at the beginning of 'The Patient Guide' these include:

- · Private GP Services
- · Immunisations and Blood Tests
- · Health Checks
- · Integrated Therapies
- Functional Medicine & Nutrition
- · Cosmetic Treatments
- · Occupational Health Services
- Pregnancy and Conception Advice
- · Sexual Health Checks
- Mental Health & Wellbeing Services
- Neurodevelopmental assessment & treatment;
 Autism: ADHD: Aspergers: Tics and Tourettes.

The Practice prides itself on being a whole person centred diagnostic and management service. The spiritual, social, psychological and physical aspects of each person are fully considered. Occupational medical requirements are also provided. Integrated therapies such as Acupuncture, Hypnotherapy, Massage and Nutrition are incorporated into the heart of the Practice

The Practice seeks to meet the needs of people to understand and know about their own bodies. It achieves this by allowing patients time in a comfortable environment with a person who is knowledgeable and can help them in most areas of their life. If the Practice is not able to provide the expertise required on-site, it will make referrals to other health professionals as appropriate.

7. The facilities available to the patient

A large residential/commercial property in a pleasant residential area of Leicester with some on site parking and more off site parking nearby. Disabled access to the practice is provided by a ramp and disabled patients can be seen downstairs as appropriate, however, the practice does not have a bathroom facility for disabled persons therefore home visits take place. Ease of access to see a doctor.

Although some early morning, evening and weekend appointments are provided in order to meet the requirements of the patient, this is restricted to urgent matters only since planning permission does restrict the use of the premises to between the hours of 8:30am to 5.00pm.

The Practice is a very pleasant, comfortable and clean environment is provided, which is exclusive and part of Dr Piper's home.

There is a cloakroom, which can be used for the taking of urine specimens.

There is a very large, comfortable reception area where the patients can sit and relax whilst waiting to see the doctor.

There are three surgeries which are based in very large, comfortable rooms. They are upstairs. Equipment used to aid diagnosis include an ECG machine; blood pressure machines including 24 hour ambulatory blood pressure monitoring; computerised spirometry; body fat percentage; full urinalysis including microalbumiuria; venepuncture facilities for the full range of diagnostic blood tests; emergency provision in the form of a defibrillator; provision of oxygen; emergency medications; aspiration machinery and resuscitation equipment.

The Practice is fully computerised which are networked. A Private General Practice clinical system is utilised for appointment setting and to record patient notes. This helps patients as it summarises their records and treatment and also allows easy collation of data and follow up of abnormalities to take place.

8. Arrangements made for consultation with patients about the operation of Private General Practice Services.

The Patient Guide is provided to all patients who visit the Practice or they can download it from the Practice website at: www.privategp. com. Consultation with patients concerning the operation of the Practice takes place during the registration appointment, where the contract is clearly described. In particular, the contract which designates that they retain their NHS GP alongside a Private GP is firmly designated. The '24/7 Personal Care' Package is available for those who do not have an NHS GP. A patient exit survey is utilised as feedback for further development of the Practice. During registration, the Patient Guide is given to each patient and this outlines the working practices of the surgery.

9. Arrangements for dealing with complaints

This Practice operates a procedure for the investigation of complaints. Making your complaint to the Practice in no way prejudices your right to complain to the Care Quality Commission, however, should your complaint not be resolved to your satisfaction.

Dr Julia Piper co-ordinates the complaints procedure on behalf of the Practice. Your complaint should be submitted as soon as possible after the event giving rise to the complaint, within 28 days if possible.

Dr Julia Piper will then ensure that all relevant details are recorded and arrange for the complaint to be investigated. We aim to report back to you within 28 days. If this is not possible, the reason for the delay will be explained to you and you will be given a revised date for the completion of the investigation.

The Independent Doctors Federation are available for Complaint queries that cannot be resolved in house.

If thereafter you remain dissatisfied, you have the right to complain to:

Care Quality Commission Citygate Gallowgate Newcastle Upon Tyne NF1 4PA

Dr Julia A Piper's General Medical Council
Registration number is: 2637833. To confirm Dr
Julia Piper's or any other doctor's GMC registration
you can contact the General Medical Council on
0207 915 3630 or look on the GMC website:
http://www.gmc-uk.org/doctors/register/LRMP.asp
e-mail: registrationhelp@gmc-uk.org.

10. Data Protection Act

The Practice complies with the Data Protection Act 1998. All information provided by a patient is kept confidential. A patient may request a copy of his clinical notes at any time on payment of an administration charge of between £25 to £50.

11. Arrangements for respecting the privacy and dignity of patients.

The office is completely segregated away from the Reception area and Surgery Rooms. No telephone calls can be overheard.

Patients are interviewed on a one-to-one basis in the Surgery setting. The whole ambience is of relaxation and comfort. The examination couches are fully screened. The windows have full blinds and complete confidentiality is retained. Each patient is treated with respect and dignity. Gowns are provided if required. If the patient wishes, it is possible to have a chaperone. This aspect of care is covered in the registration appointment and also in the client contract forms. No client is ever examined without their full consent.

For those patients who do not speak English, consent has to be obtained via a third party, who is usually a family member, and who can translate. Translation services can usually be obtained subject to adequate notice.

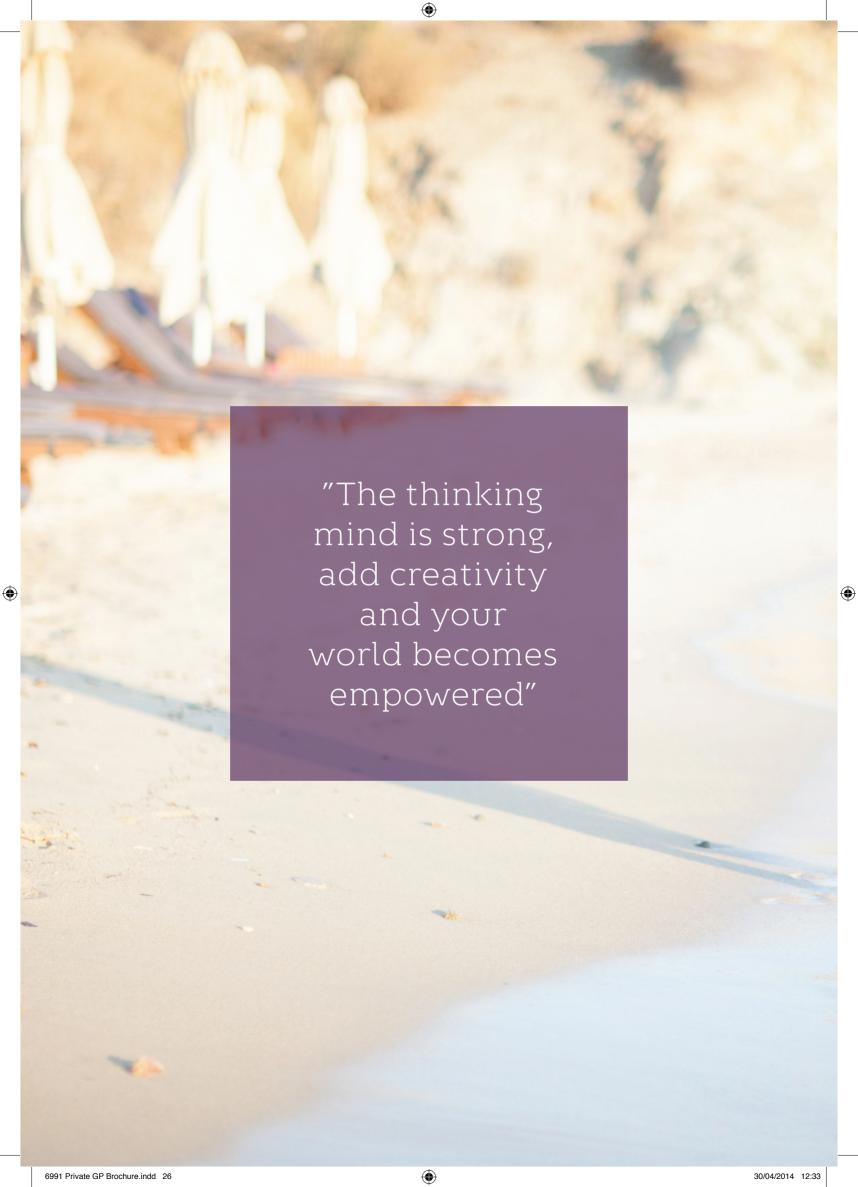
All staff who work at the Practice have to sign a Confidentiality Agreement which bars them from discussing anything within the Practice with anyone other than Dr Julia Piper.

We are registered by the Care Quality Commission Reg. No: $\,566454930\,$

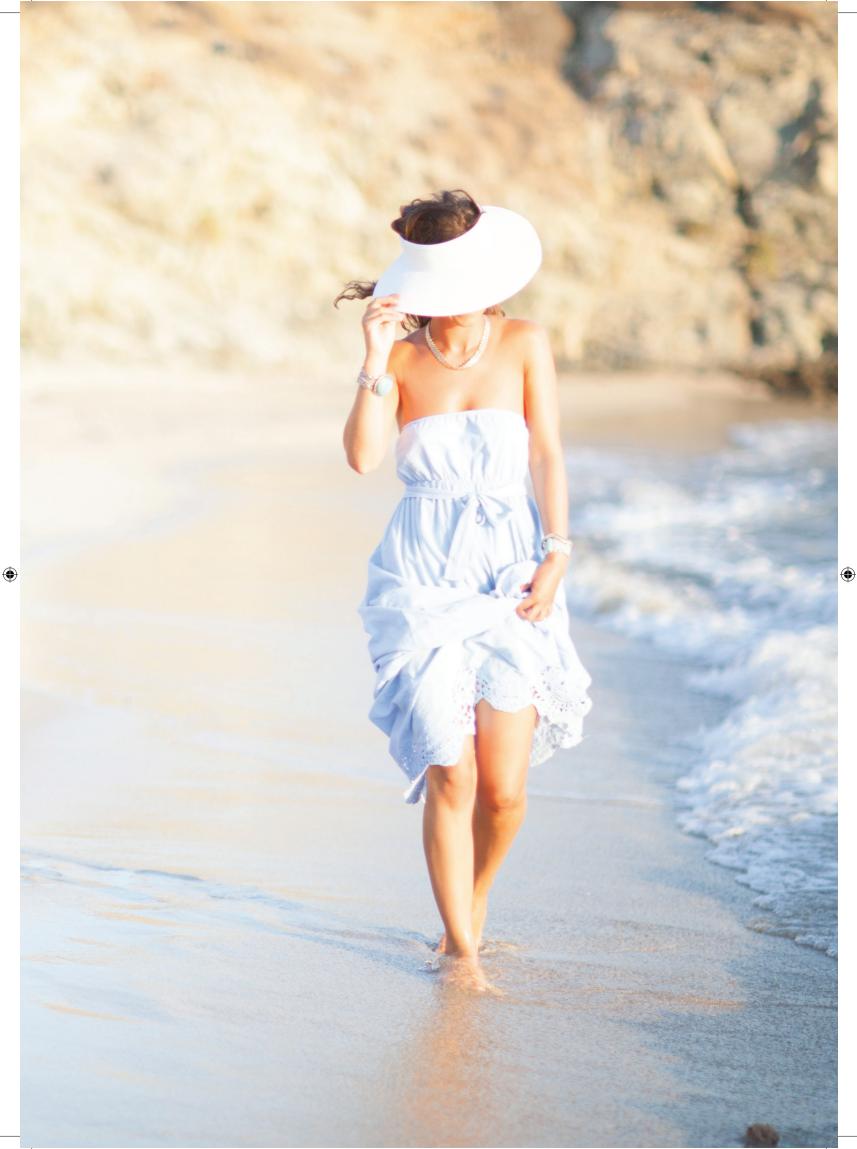
Privategp.com Ltd Beech House, 3 Knighton Grange Road Stoneygate, Leicester LE2 2LF Tel: 0116 270 0373 Fax: 0116 270 1660

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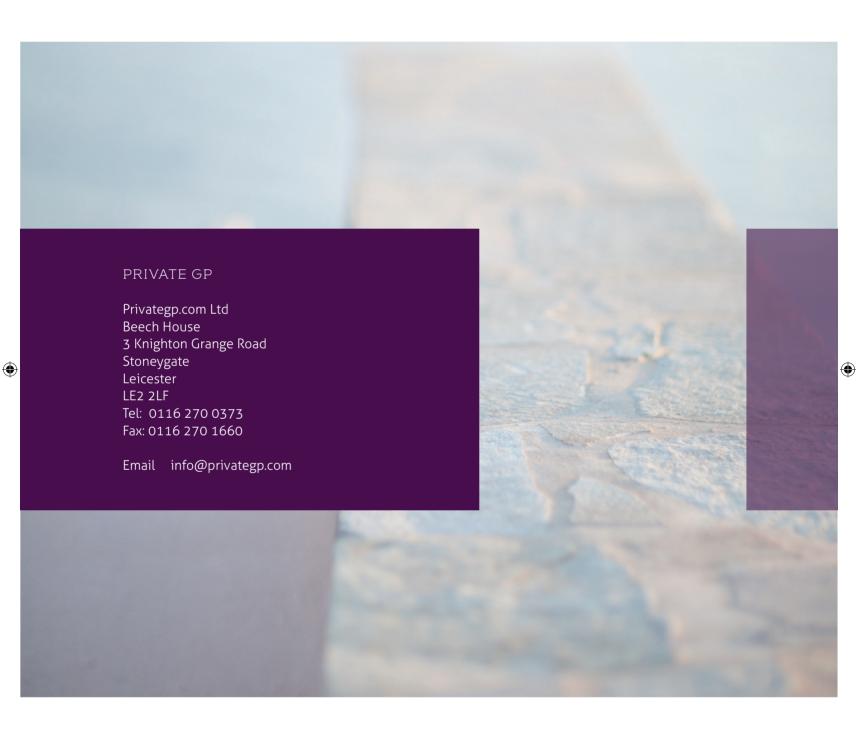












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